

# MAY 2022

## BREAKFAST



**SERVED DAILY: MILK, FRUIT, AND  
CONDIMENTS AS NEEDED.**



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



### MONDAY

French Toast Sticks  
Fruit  
Milk  
Orange Juice

2

### TUESDAY

Sausage Biscuit  
Fruit  
Milk  
Orange Juice

3

### WEDNESDAY

Waffles  
Fruit  
Milk  
Orange Juice

4

### THURSDAY

**Cinco De Mayo**  
Chicken Biscuit  
Fruit  
Milk  
Orange Juice

5

### FRIDAY

**School Lunch Hero Day**  
Biscuit & Gravy  
Fruit  
Milk  
Orange Juice

6

French Toast Sticks  
Fruit  
Milk  
Orange Juice

9

Sausage Biscuit  
Fruit  
Milk  
Orange Juice

10

Waffles  
Fruit  
Milk  
Orange Juice

11

Biscuit & Gravy  
Fruit  
Milk  
Orange Juice

12

Muffin Graham Cracker  
Fruit  
Milk  
Orange Juice

13

MANAGERS CHOICE

16

MANAGERS CHOICE

17

MANAGERS CHOICE

18

MANAGERS CHOICE

19

MANAGERS CHOICE

20

MANAGERS CHOICE

23

MANAGERS CHOICE

24

MANAGERS CHOICE

25

MANAGERS CHOICE

26

EARLY RELEASE

27

LAST DAY OF SCHOOL

**Memorial Day**

30

NO SCHOOL

NO SCHOOL

31

