

# January 2021

## Holmes County High School

### LUNCH



**School Information:** Type your school information here.



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

### Monday



Chicken Nuggets  
Mashed Potatoes  
Green Beans  
Roll  
Fruit

4

### Tuesday

Hamburger  
Fries  
Lettuce/Tomato  
Fruit

5

### Wednesday



Cheesy Hamburger Dip  
Corn  
Side Salad with Ranch  
Fruit

6

### Thursday

Chicken Noodles  
Peas & Carrots  
Broccoli with Ranch  
Fruit

7

### Friday

1

Corn Dog  
Macaroni & Cheese  
Baked Beans  
Carrot Sticks with Ranch

8

Chili  
Grilled Cheese  
Carrots with Ranch  
Fruit

11

Chicken Sandwich  
Fries  
Lettuce/Tomato  
Fruit

12

Pizza  
Side Salad  
Broccoli  
Fruit  
Pudding

13

Burrito  
Corn  
Lettuce Bowl  
Fruit  
Pudding

14

Chicken & Waffle  
Baked Beans  
Carrot Sticks with Ranch  
Fruit  
Chips

15

Chicken Nuggets  
Mashed Potatoes  
Broccoli  
Roll

18

Hamburger  
Fries  
Lettuce/Tomato  
Fruit

19

Taco Salad  
Tortilla Chips  
Lettuce Bowl  
Corn  
Fruit

20

Cherry Blossom Chicken  
Oriental Rice  
Green Beans  
Fruit  
Milk

21

Hog Dog  
Baked Beans  
Chips  
Carrot Sticks with Ranch  
Fruit

22

Pizza  
Side Salad  
Broccoli  
Fruit  
Pudding

25

Chicken Sandwich  
Fries  
Lettuce/Tomato  
Fruit

26

Quesadilla  
Side Salad  
Corn  
Fruit

27

Ham & Cheese Hot  
Pockets  
Green Beans  
Fruit

28

Cheesy Chicken  
Tortilla Chips  
Black Beans  
Fruit  
Pudding

29